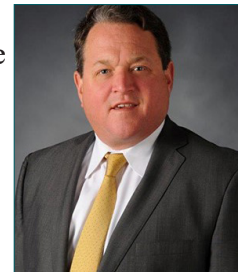


Winter Meeting speaker lineup announced

The Gas and Oil Association of WV, Inc. (GO-WV) will host its annual Winter Meeting on January 17-18, 2024, at the Marriott Town Center Hotel in Charleston with an outstanding lineup of speakers for this two-day event.

Registration opens Wednesday with breakfast for all attendees and a special Producers Issues Breakfast for producers only. The Security Summit opens at 9:00 with Kevin Pullen, Certified Security Specialist, TC Energy, Adam Scott, Security Operations Coordinator, Antero Resources and a WV Department of Homeland Security representative. Introduction to Cybersecurity will feature Dr. David Dampier, Dean, Marshall University College of Engineering & Computer Sciences.

The Past Presidents and Gunslingers Luncheon will take place on Wednesday and the attendee luncheon will be in the Third Floor Pavilion with a presentation on Employer Support of the Guard and Reserve (ESGR) by Brian Shaw, Program Coordinator and sponsored by Encova Insurance.



*Jim Crews
Vice President/
Program Chair*

Following lunch, the Cybersecurity Best Practices Panel will feature Derek Brown, Director of Cybersecurity and Infrastructure for EQT, Dave Parsons, Cybersecurity Advisor, CISA Stat Lt. Col. Will Hargis of the WV **Winter meeting** *Continued on page 16*

OSHA updates certain requirements for 2024

The U.S. Department of Labor has announced a final rule that will require certain employers in designated high-hazard industries to electronically submit injury and illness information – that they are already required to keep – to the department's Occupational Safety and Health Administration.

The final rule takes effect on Jan. 1, 2024, and now includes the following submission requirements:

- Establishments with 100 or more employees in certain high-hazard industries must electronically submit information from their Form 300-Log of Work-Related Injuries and Illnesses, and Form 301-Injury and Illness Incident Report to OSHA once a year. These submissions are in addition to submission of Form 300A-Summary of Work-Related Injuries and Illnesses.
- To improve data quality, establishments are required to include their legal company name

when making electronic submissions to OSHA from their injury and illness records.

OSHA will publish some of the data collected on its website to allow employers, employees, potential employees, employee representatives, current and potential customers, researchers and the general public to use information about a company's workplace safety and health record to make informed decisions. OSHA believes that providing public access to the data will ultimately reduce occupational injuries and illnesses.



*Jason Porter
Environmental &
Safety Committee*

"Congress intended for the Occupational Safety and Health Act to include reporting procedures that would provide the agency and the public **OSHA updates** *Continued on page 17*

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New Year's resolutions

At this time of year, people begin to make New Year's resolutions around exercise, diet, how to navigate relationships and self-help regimens. GO-WV is working on resolutions for the new year as well. We are in the middle of our membership drive which, since the beginning of the new membership year beginning in August, has brought in 12 new members as of this writing. The board is undertaking a Bylaws review that will be discussed in more detail in the upcoming months. We have conducted numerous legislative dinners throughout the state to discuss the importance our industry plays in the livelihood of our state. We are continuing our efforts through education with our Science Teacher workshop coming June 5-6, 2024, in Morgantown, and will have numerous safety and tax training sessions throughout the year along with our "Superbowl" events, the Summer and Winter Meetings.

On top of all these activities, GO-WV recently negotiated a contract with Encova Insurance for member companies to be eligible to receive discounts on their workers' compensation insurance.

External to direct Association activities, we are anxiously awaiting the completion of two very crucial natural gas take-away projects: (1) the 303 mile *Mountain Valley Pipeline* that will move 2 Bcf/day of West Virginia production to markets in Virginia and south; (2) as well as the completion of TC Energy's "*Eastern Panhandle Expansion project*" that will provide additional natural gas supply into markets in the Eastern Panhandle of West Virginia.

With all these exciting developments, we still have work to do. We still do not have a natural gas-fired power plant in our state. The recent hydrogen hub announcement, as well as the conversations revolving around microgrids, are tremendous opportunities that will provide numerous jobs that we need to see come to fruition.

2024 is shaping up to be a great year for our state and our industry. As we enter 2024, I would like to encourage you to inquire about GO-WV's resolutions to see how you can lend your experience to these wonderful causes. Even though our industry is leading the charge, we must remain vigilant to accomplish these resolutions. We can only do it with your help.

As I close, it continues to be a great honor to represent this Association and this industry and to be an advocate for you. I hope everyone has a great 2024 and good luck with your New Year's resolutions.



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Civil & Environmental Consultants acquires Arizona firm

Civil & Environmental Consultants, Inc. (CEC) announced the acquisition of Arizona-based Engineering and Environmental Consultants, Inc. (EEC). The acquisition will help the company grow their presence in the Arizona market through expanded service offerings, new business relationships and the addition of a Tucson office location to our nationwide footprint. The addition of EEC adds surveying, landscape architecture and water resources to the current services we offer through our existing locations in Phoenix and Tempe.

Founded in 1987, EEC is an employee-owned multi-discipline civil engineering and environmental services firm providing services to federal, state, and municipal agencies, as well as to the

private sector. Their professionals have extensive experience in environmental services, flood control and drainage, site development, land surveying, transportation, and water and wastewater. The firm of more than 30 employees has been managed by its four senior members: Bill Carroll, P.E.; Carrie Côté, P.E.; Ryan Stucki, P.E., LEED AP; and Dan Cleland, RLA.

Both firms previously have teamed on projects and submittals over the years. CEC representatives said, "We have found EEC to be a good business partner with strong technical capabilities and a wealth of established relationships in the region, particularly with public sector entities."



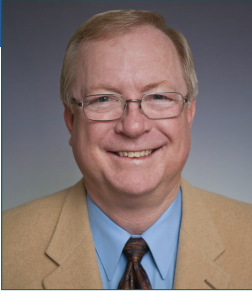
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From the Burd's Nest: Somewhere over the rainbow

That 1939 film classic, “The Wizard of Oz,” depicts the story of Dorothy, the Kansas farm-girl who dreams of a land “somewhere over the rainbow.” Dorothy’s dream comes true when she is transported by a tornado to a bright and magical world like nothing she has ever seen before. In fact, in the movie, viewers are taken from film produced in standard black and white while in Kansas, to a production drenched in full color once in the “Land of Oz.”

The recent announcement that West Virginia was chosen to house a regional hydrogen hub has caused quite a “buzz” in every corner of the state and industry. It too gives us hope that a land drenched in full color may await.

As part of the Infrastructure Investment and Jobs Act, and better known to us as ARCH2, the Appalachian Regional Clean Hydrogen Hub was chosen to be one of only seven such regional hubs nationwide. Even more amazing, this hub was in competition with seventy-eight other industrial areas that applied.

Both Senators Joe Manchin and Shelley Moore Capito voted for the bill, showing bipartisan support to accomplish what is expected to be up to \$925 million in future investment to the state. With the value-added associated investments, the state may well see a total impact of \$6 billion or greater—all of which could add up to an estimated 18,000 construction job and then 3,000 permanent jobs—good paying jobs with benefits for deserving West Virginia workers.

GO-WV was originally contacted in late January 2022 and then formally by email in early February with information that West Virginia was forming a Hydrogen Hub Working Group. At that time, GO-WV initiated additional discussions with Senator Manchin’s staff and others that eventually led to several GO-WV members becoming engaged to bring ARCH2 to a reality. GO-WV members, of which I am aware that gave their expertise and commitment included:

Allegheny Science
& Technology
CNX
DT Midstream
Hope Gas
Long Ridge Power
Peoples Gas
WVU

BHE GT&S
Dominion Energy
EQT
Greylock Midstream
Marathon and MPLX
Williams Companies

These companies and others that worked to secure the ARCH2 are to be commended for their efforts. This is a big deal. Hydrogen is touted to be a fuel of the future and providing net zero energy.

Hydrogen is the most abundant gas in the universe and is touted as the solution to the looming problem of renewable energy—because of the clear and understandable issues of relying on intermittent wind and solar energy.

The different ways in which this invisible element can be produced have been assigned different colors: green, blue, brown, yellow, turquoise, pink and even white hydrogen. Here is a quick review of this rainbow of colors and how each are produced:

- **Blue hydrogen is produced from methane** – using a process called steam reforming, which combines the methane with steam to produce hydrogen but also carbon dioxide which then needs to be captured and stored. The carbon capture part is the difficulty. Currently, only one percent of existing projects include this capability.
- **Grey hydrogen is essentially blue hydrogen but without the carbon capture part.** Almost all the hydrogen currently produced is made by this method.
- **Green hydrogen** is the “best” hydrogen. It is made by using that surplus renewable energy to electrolyze water, splitting it into its components of hydrogen and oxygen, emitting zero carbon dioxide.





GO-WV Board welcomes five new members in December

Please join the GO-WV Board of Directors in welcoming these members approved in December:

Belmont Solids Control, LLC

ISP

7716 Depot Rd., Unit 1
Lisbon, OH 44432
Phone: (330) 222-1274
Fax: (330) 222-1500

Mark Wimsatt

Mobile: (330) 692-0423
acap.invoicing@gmail.com

www.pioneercompanies.net/belmont-solids-control

Dominion Energy

ISP

2001 Quarrier St.
Charleston, WV 25314

Mary Elisabeth Eckerson

Mobile: (304) 552-2716
mary.e.eckerson@dominionenergy.com
dominionenergy.com

FloPro Solutions

ISP

608B Holcombe Ave.
Mobile, AL 36606

Tripp Brown

Mobile: (251) 222-3897
tripp@rentalpumpparts.com
www.floprosolutions.com

Terracon Consultants

ISP

912 Morris St.
Charleston, WV 25301
Phone: (304) 344-0821

Vanessa Ervin

Mobile: (304) 205-1601
vanessa.ervin@terracon.com
www.terracon.com

WesBanco

PRO

901 Lee St.
Charleston, WV 25301
Phone: (304) 542-1017

Matt Kelly

Mobile: (304) 395-5458
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2024 scholarship deadline: March 15

In 1997, the Independent Oil and Gas Association of West Virginia, Inc. (now the Gas and Oil Association of WV, Inc., GO-WV) established its Scholarship Program in an effort to become more involved in higher education in West Virginia. The Scholarship Program was specifically created to reward the outstanding scholastic achievements of high school seniors whose parents work in the oil and natural gas industry for GO-WV members companies. The Association also awards deserving high school “student employees” who have completed a required number of working hours at a GO-WV member company.

Since 2020, two annual one-time, \$1,000 scholarships are also sponsored by ConServ Incorporated and earmarked for students who are choosing a career path that benefits the oil and gas industry in a vocational/technical field such as, but not limited to, welder, truck driver, well tender, electrician, mechanic, etc.

Since the GO-WV Scholarship Program’s inception, over \$230,000 has been awarded to these very deserving students. Complete eligibility rules and documents for both scholarship types are found on pages 20-25 or at <https://gowv.com/education/scholarship/> and will be sent to all member companies.

The completed application, including all required forms and information, must be signed by the high school guidance counselor and post-marked no later than Friday, March 15, 2024. From all the applications received, the GO-WV Scholarship Review Committee will review and award a limited number of one-time only scholarships.

Here is a quick glance at those rules:

1. Applicant must be a West Virginia high school senior.
2. Applicant must be a dependent of an employee/retiree of a GO-WV member company in good standing OR be employed by a GO-WV member company in good standing (Student employee must have worked a minimum of

400 hours is the past calendar year. Validation of hours worked and a letter of recommendation from the employer **must** be provided).

3. Applicant must enroll in a four-year West Virginia college or university or a community college/vocational-technical school.
4. Applicant must compose an essay answering the question asked on the application form.
5. Application must be signed by the high school guidance counselor.

GO-WV will accept completed applications, including all documents, postmarked by Friday, March 15, 2024. Should you have any questions, or need additional information, please contact Katie McCracken at 304-344-9867 or kmccracken@gowv.com.





Encova safety program expanded for 2024

The Gas and Oil Association of West Virginia, Inc. and Encova Insurance have partnered to expand Encova's Safety Group Program. The program is designed to reward your efforts in driving safety-related performance. A reduction in workplace injuries impacts your bottom line positively, eliminates direct and indirect costs and helps drive a return on your workers' compensation insurance premium.

Participation benefits and rewards:

- Long-term savings on workers' compensation premiums are achieved through improved performance
- Overall improved risk management and loss control will promote an effective safety program that will reduce direct and indirect costs and lead to fewer losses overall
- Positive experience modification (e-mod) impact

- Increased safety group discounts are rewarded for diligent efforts to create and maintain a safe workplace, which helps attract talent in the workforce
- Eligibility for marketing support for the Gas and Oil Association of West Virginia
- Dedicated Encova team to include a business director, safety and loss specialist and marketing representative
- Personalized service through customized reporting and trending resources, including industry-specific safety and loss control seminars
- The workers' compensation safety group discount can serve as an effective membership recruitment tool

For more information, please contact Steve Gandee with Encova at (304) 220-6538 or email at steve.gandee@encova.com

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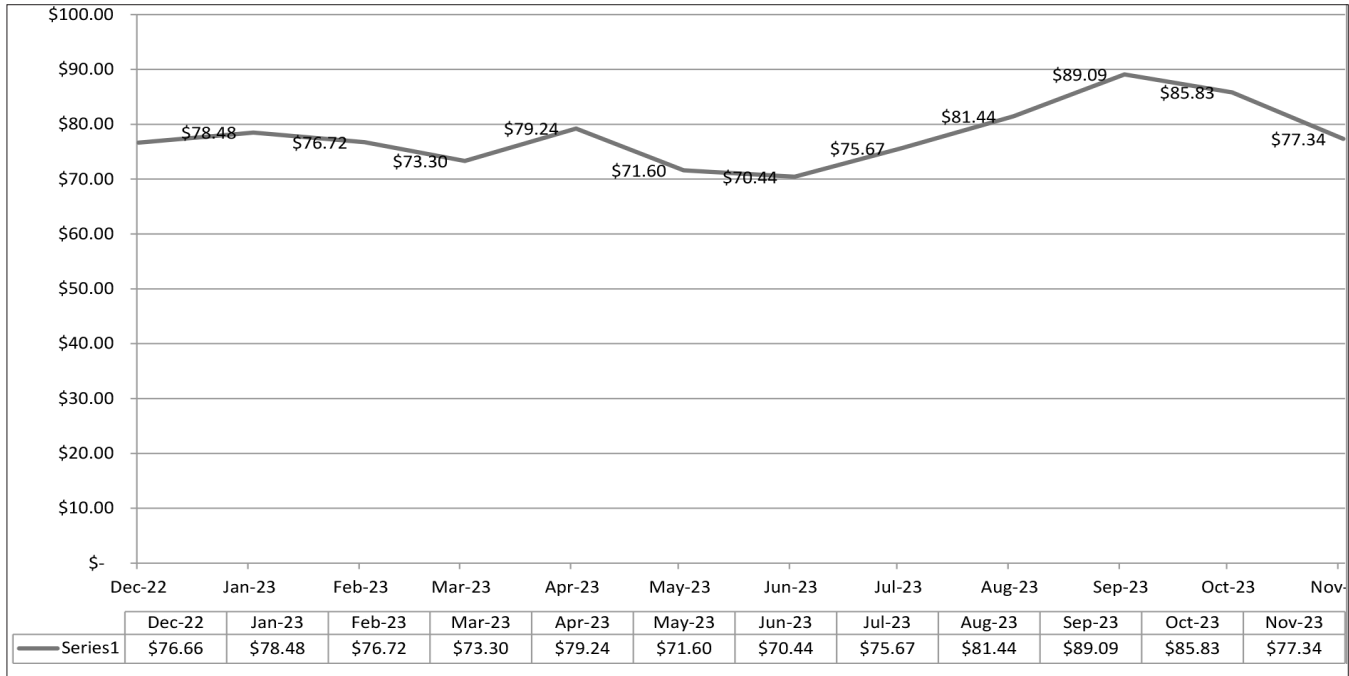
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Upcoming events for your review

January 17-18, 2024

GO-WV Winter Meeting

Marriott Town Center Hotel, Charleston, WV

February 7-9, 2024

NAPE

GRB Convention Center, Houston, TX

June 5-6, 2024

GO-WV Science Teacher Workshop

*Hampton Inn & Suites Morgantown
Morgantown WV*

August 4-6, 2024

GO-WV Summer Meeting

The Greenbrier, White Sulphur Springs, WV

February 19-20, 2025

GO-WV 2025 Winter Meeting

Charleston Marriott Hotel, Charleston, WV

August 2025

GO-WV Summer Meeting

The Greenbrier, White Sulphur Springs, WV

August 2-4, 2026

GO-WV Summer Meeting

The Greenbrier, White Sulphur Springs, WV



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Please call Katie McCracken at the GO-WV office at (304) 344-9867 or email her at kmccracken@gowv.com for any questions regarding advertising opportunities.



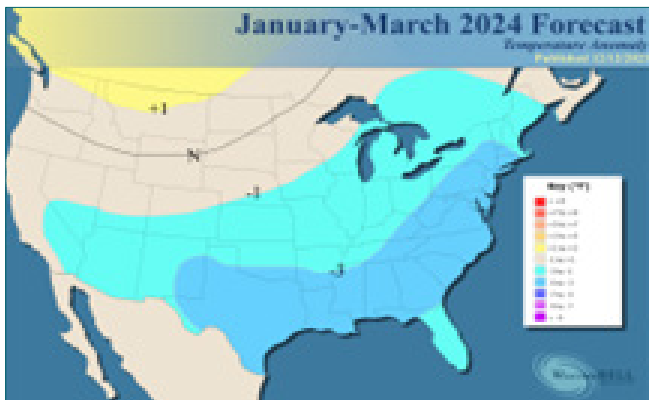
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El Niño conditions continue to be present in the ocean, but the atmosphere hasn't responded as strongly.

Maintaining the opposite theme of last winter, after a very warm December, January and most of February should flip to a colder pattern in the East before things get milder again in March.

Storms started occurring in December, but they were mostly of the wet but not white variety. We expect increasingly stormy weather across the South and East Coast as the atmosphere responds to the El Niño conditions. The snowstorms should assist with making the temperatures colder for longer until the pattern breaks in March.



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You are in control!

In 1903 James Allen wrote the book *As a Man Thinketh*. Allen advises, “Each man holds the key to every condition, good or bad, that enters into his life, and that, by working patiently and intelligently upon his thoughts, he may remake his life, and transform his circumstances.” Hall of Fame Speaker, author and radio personality, Earl Nightingale in his book, *The Strangest Secret* said the secret to success is, “We become what we think about. If we think positive thoughts we get positive results. If we think negative thoughts we get negative results.” In Mark 9:23 of the Bible Jesus said, “Everything is possible for one who believes.”

The U.N.’s COP 28 climate conference recently ended. They made a big deal about 130 nations agreeing to move away from the use of fossil fuels. They didn’t say what would replace fossil fuels or how this would happen. Wind and solar were mentioned as they have since the 1980s. I’m guessing, many of the 130 nations who signed are energy poor lacking 24/7 electricity. Intermittent renewables would be an improvement. China pledged once again to reduce emissions while continuing to build coal power plants. The COP’s climate solution is to punish the developed nations like the USA.

This is troubling. Apparently, no one with basic math or engineering skills had the courage to speak up. Have you seen the Disney movie *Frozen*. If you haven’t, ask your children or grandchildren about Olaf the snowman. Olaf’s dream is to experience summer. Not a good idea for a snowman. Olaf even sings a song about his dream. Kristoff, the iceman, asks Olaf, “I’m guessing you don’t a lot of experience with heat?” “Nope” the snowman replied. I would love to ask the people who signed the anti-fossil fuels document, “I’m guessing you don’t have a lot of experience with cold dark winters or life without modern conveniences like cell phones and automobiles.” “Nope” Would be the expected answer. They hav-

en’t figured out fossil fuels like natural gas make EVs, windmills, solar panels, the internet and cell phones possible.

Kristoff wanted to tell Olaf about heat. Anna, the Princess of Arendelle told Kristoff, “Don’t you dare.” She didn’t want to destroy Olaf’s dream. Fortunately, Anna’s sister Elsa, the Queen of Arendelle has magic icy powers. Ultimately, Elsa gives Olaf his own snow cloud so he can enjoy summer. The 130 nations don’t have a Queen with magical powers to fix their problems. They have reality to face. Who should be Kristoff and tell these people about dark and cold winters? Who will they believe?

COP 28 ended without doing anything definitive about China, the world’s leading polluter. John Kerry said, “...almost 90 percent of all of the planet’s global emissions come from outside of US borders. We could go to zero tomorrow and the problem isn’t solved.” We can’t depend on the Chinese Communist Party to honor their pledges. We have no control over the CCP. We can’t regulate them or take the CCP to court. Remarkably the most workable solution to China is under our feet and all around us in the Shale Crescent USA region. We **can** stop buying manufactured products from countries like China until they clean up their act. We can bring manufacturing to the Shale Crescent USA from China. A recent study by Shale Crescent USA and Jobs Ohio shows the USA and particularly this region has a manufacturing cost and emissions advantage.

Working with young men as a high school coach, the most important part of their development is getting them to believe in themselves and their team mates. Coach Joe does a great job working on our players physical and strategic abilities through his drills and teaching. I work on their mind and heart. We see players not as they are but as they can be. It is essential for them to think positive and believe.



GO-WV 2024 Winter Meeting agenda outlined

Wednesday, January 17, 2024

7:30 a.m. - 4:00 p.m.	Registration Sponsored by: Equitrans Midstream	A-B Foyer
7:30 a.m. – 9:00 a.m.	Breakfast All Registrants Sponsored by: EQT	Salons A-C
8:00 a.m. - 9:00 a.m.	Producers Issues Committee Breakfast Restricted to Committee Members Only Sponsored by: EQT	Kanawha/ Blue Ridge
9:00 a.m. – 9:10 a.m.	Security Summit Opening Remarks/Welcome	Salons A-C
9:10 a.m. – 10:30 a.m.	Physical Security Best Practices Panel Kevin Pullen, Senior Security Advisor <i>TC Energy</i> Adam Scott, Security Operations Coordinator <i>Antero Resources</i> Dr. William Minear II, CEM, MHRO, CMC <i>University of Charleston</i> Mary Friend <i>WV Public Service Commission</i>	
10:30 a.m. – 10:45 a.m.	Morning Break	Foyer C-D
10:45 a.m. – 12:00 a.m.	Introduction to Cybersecurity Dr. David Dampier, Dean, Marshall University College of Engineering & Computer Sciences	
12:00 p.m. - 1:00 p.m.	Past Presidents/ Gunslingers Luncheon	Salons E-F
12:00 p.m. - 1:00 p.m.	Luncheon Employer Support of the Guard and Reserve (ESGR) Brian Shaw, Program Coordinator	Ballroom
1:00 p.m. – 2:15 p.m.	Cybersecurity Best Practices Panel Derek Brown, Director of Cybersecurity and Infrastructure <i>EQT</i> Dave Parsons, Cybersecurity Advisor, State Coordinator (WV) <i>Cybersecurity & Infrastructure Security Agency (CISA)</i> Lt. Col. Will Hargis <i>WV National Guard</i> Dr. Tommy Morris, Director, Center for Cybersecurity Research & Education <i>The University of Alabama in Huntsville</i>	
2:15 p.m. – 3:00 p.m.	TSA Regulatory Update Ronald Pavlik	
5:00 p.m. - 6:00 p.m.	GOPac Reception (Admission by donation only)	Salons E-F
6:00 p.m. - 7:30 p.m.	GO-WV Membership & Legislative Reception Sponsored by: Antero Resources	Ballroom



Thursday, January 18, 2024

8:00 a.m.	Registration Sponsored by Equitrans Midstream	A-B Foyer
	Membership Breakfast Sponsored by: Ergon	Foyer C-D
9:00 a.m.	Welcome Jim Crews, GO-WV Vice President and Program Chair	Ballroom
9:05 a.m.	Legislative Update Philip A. Reale, Law Offices of Philip A. Reale, Moderator WV Senate President Craig Blair WV Speaker of the House Roger Hanshaw	
9:50 a.m.	Senator Shelley Moore Capito (video conference)	
10:10 a.m.	Morning Coffee Break Sponsored by: Diversified Energy	Foyer C-D
10:30 a.m.	GO-WV Workers Comp Program Steve Gandee, Regional Vice President Energy & State Government Team Encova Insurance Rick Hill, Senior Safety and Loss Control Consultant, Encova Insurance	Ballroom
10:40 a.m.	Power Generation – Moving into the Future Curtis Wilkerson, Principal, Orion Strategies Neil Chatterjee, former Commissioner and Chairman FERC	
11:10 a.m.	Microgrids – Natural Gas – The Future Jeff Nehr, Senior Vice President, Gas Supply and Development Hope Utilities	
11:30 a.m.	Break	Foyer C-D
12:00 p.m.	Membership Luncheon Sponsored by: Apex Pipeline Presentation to the Oil & Gas Museum Senta Goudy, Executive Director, WV Oil & Gas Museum WVU Presentation Rusty Hutson, Sr. Heritage Award Presentation 2024 Gunslinger Award	Ballroom
12:30 p.m.	Invocation Don Nestor Oil and Gas Reclamation Awards Sponsored by: Diversified Energy	
1:00 p.m.	Governor Jim Justice	
1:15 pm.	An Update on the (North American) Natural Gas Industry Scott Potter, Managing Director of Business Development, RBN Energy LLC	
1:35 p.m.	Senator Joe Manchin (video conference)	
2:00 p.m.	Overview of Elections Brielle Appelbaum, Principal and Partner, Inspire Capital and Development	
2:20 p.m.	Oil and Natural Gas Infrastructure – the Key Economic Driver in WV Jim Crews, GO-WV Vice President/Program Chair, Moderator Greg Floerke, Executive Vice President and COO, MPLX LP Mike John, President and CEO, Northeast Natural Energy Kyle Mork, President and CEO, Greylock Energy	
3:15 p.m.	Adjourn and Afternoon Coffee Break	



National Guard and Dr. Tommy Morris, Director, Center for Cybersecurity Research & Education at University of Alabama in Huntsville. There will be a TSA regulatory update prior to the GOPac Reception and GO-WV Membership & Legislative Reception Ballroom. Dinner will be on your own.

Following breakfast and a welcome by GO-WV Vice President and Program Chair, Thursday will open with a legislative update moderated by Philip A. Reale and including WV Senate President Craig Blair and WV Speaker of the House Roger Hanshaw. Senator Shelley Moore Capito will join us virtually prior to the GO-WV Workers Comp Program update by Steve Gandee, Regional Vice President Energy & State Government Team with Encova Insurance. The last two morning presentations include Power Generation – Moving into the Future with Curtis Wilkerson, Principal, Orion Strategies and Neil Chatterjee, former Commissioner and Chairman of the Federal Energy Regulatory Commission (FERC), as well as an Overview of Elections by Brielle Appelbaum, Principal and Partner, Inspire Capital and Development.

Lunch will be highlighted by a presentation to the Oil & Gas Museum, a WVU Presentation and announcement of the Rusty Hutson, Sr. Heritage Award Presentation and 2024 Gunslinger Award,

as well as the Oil and Gas Reclamation Awards.

Following lunch, Governor Jim Justice will get the afternoon started. An update on the (North American) Natural Gas Industry will be shared by Scott Potter, Managing Director of Business Development, RBN Energy, LLC and he will be followed by Senator Joe Manchin, joining us virtually. Oil and Natural Gas Infrastructure – the Key Economic Driver in West Virginia will be moderated by Jim Crews, GO-WV Vice President/Program Chair and he will be joined by Greg Floerke, Executive Vice President and COO of MPLX LP, Jeff Nehr, Senior Vice President, Gas Supply and Development, Hope Utilities and Pete Hollis, Senior Vice President, Fidelis New Energy (invited). The afternoon will conclude at 3:00 p.m.

To better benefit your business, take advantage of the sponsorship opportunities that are available. Simply fill out the sponsor form on page 28 or contact Lori Miller Smith for specific event sponsorships. The positive exposure, educational and networking opportunities make this a great investment for your company.

Please see page 29 to register for the meeting, or www.gowv.com. If you have questions, please contact Lori Miller Smith at 304-344-9867.



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with an understanding of the safety and health problems workers face, and this rule is a big step in finally realizing that objective," explained Assistant Secretary for Occupational Safety and Health Doug Parker. "OSHA will use these data to intervene through strategic outreach and enforcement to reduce worker injuries and illnesses in high-hazard industries. The safety and health community will benefit from the insights this information will provide at the industry level, while workers and employers will be able to make more informed decisions about their workplace's safety and health."

The final rule retains the current requirements for electronic submission of information from Form 300A from establishments with 20-249 employees in certain high-hazard industries and from establishments with 250 or more employees in industries that must routinely keep OSHA injury and illness records.

For additional information on the Final Rule and additional guidance on what industries the new rule pertain to, please visit www.osha.gov and search Injury and Illness Data Submission.

Happy New Year from GO-WV board & staff!




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benchmarkpllc.com/training



Instructor: Chris Warnick, MS, CSP, CIH®
cwarnick@benchmarkpllc.com



Benchmark
 Safety, Health, & Environmental Services



- **Yellow hydrogen** is the same as green but is designated yellow if solar power is used. Green and Yellow hydrogen are currently a very expensive way to make hydrogen and represents less than 0.4 percent of current hydrogen production.
- **Black and brown hydrogen** are made from coal (black) or lignite (brown) and these methods emit even more carbon dioxide than grey hydrogen. This type of hydrogen is obviously not going to form part of the net zero pathway.
- **Pink hydrogen** is generated through electrolysis powered by nuclear energy – this is also referred to as purple or red hydrogen. Like green hydrogen, this is zero-carbon but expensive.
- **Turquoise hydrogen** is made using a process called methane pyrolysis to turn natural gas into hydrogen and solid carbon. This relatively new process is yet to be proven at scale, but the production of solid carbon would obviously reduce the challenges associated with carbon capture and storage.
- **White hydrogen** is naturally occurring hydrogen, found in underground deposits. It might perhaps be extracted through fracking, a process already effectively banned in many places.

If all this sounds too good to be true...it just may be! Hydrogen has its challenges.

- Hydrogen is one of the most explosive and flammable gases (remember the airship Hindenburg was filled with it).
- Its molecules are very small, have very low density, are hard to contain and large volumes of it are needed to generate much energy. **You need around three times (3X's) the volume of hydrogen as compared to methane to get the same amount of energy.**
- Hydrogen is also hard to move around. To get

gas to move through pipes it must be compressed and pushed along using compressors. This process requires energy: **the losses in moving hydrogen through pipes are ten times greater for hydrogen than for methane.**

- Hydrogen can also cause the metals in pipes and storage equipment to become brittle leading to material degradation and potential safety issues. Special materials or coatings may mitigate these effects, but they add further complexity and cost to an already complex and expensive system.

The bottom line: all of this may prove to be very expensive. The infrastructure for hydrogen production facilities and storage do not yet exist—but the regional hubs seek to address and hopefully overcome these hurdles. They will cost billions of dollars to build. It is estimated the underlying cost of storing hydrogen is probably at least four times (4X's) that of storing methane. Huge amounts of energy are lost in each stage of the process due to the fundamental properties of hydrogen.

Quite simply, hydrogen is one of the worst substances you could choose for this purpose, but, because you can burn it in air without creating carbon dioxide, it has been hailed as the answer to net zero dreams and must be pursued.

A bit like the “Land of Oz,” hydrogen of whatever color is a hypothetical solution to the challenge of net zero, and an extremely expensive one at that. And this goes to the heart of the net zero problem: it relies on developing a range of solutions that are easy to say but difficult and expensive to do.

So, as we wait to see just how these regional hydrogen hubs develop, we may wish to remember that Dorothy was successful in getting back to Kansas—in a hot air balloon. Or was it full of hydrogen and one of our first attempts at “net zero?”

DMV-54-GO
Rev 05/21

West Virginia Department of Transportation
Division of Motor Vehicles



1-800-642-9066
dmv.wv.gov

Application for a Gas & Oil Association of WV License Plate

PLATE SAMPLE **A) Applicant/Owner(s) Information** Use Name(s) of Owner(s) as shown exactly on current registration card that you wish to register the license plate.



Applicant's Name _____

Name(s) on Registration _____

Street Address _____

CITY _____ STATE _____ ZIP _____

B) Vehicle Information

Make _____ Year Title No.

VIN No. Current Plate No.

C) Insurance Information

Effective Dates of Policy From: ____ / ____ / ____ To: ____ / ____ / ____ Policy No. _____

Insurance Company _____

NAIC Number Insurance Agent _____

D) Applicant Certification

I certify that all information on this application is true and correct and if I cease to be in good standing with the above organization, I will immediately return the special license plate to the Division of Motor Vehicles.

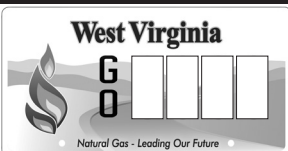
(X) _____ / ____ / ____ Phone No. (____) ____ - ____
SIGNATURE OF APPLICANT DATE

E) Application Information

1. Anyone is eligible to apply for a Gas & Oil Association of WV license plate.
2. A vehicle must be Class A and have a West Virginia title and license plate in the name of the applicant before a special plate can be issued.
3. The current license plate must be returned to the Division of Motor Vehicles after the special plate is received. After issuance of the special plate, the exchanged plate is canceled and cannot be transferred to another vehicle. There are no refunds.
4. A \$91.50 fee will cover the cost of the license plate for the 1st year or a portion of the 1st year. This is a flat fee for all applicants and is not prorated. This plate will expire on July 1st every year and have a renewal fee of \$66.50.
5. Send the application and the \$91.50 check or money order payable to Gas & Oil Association of WV at the address listed below. Please include your personal property tax receipt or an affidavit from the assessor if your registration is expiring within 60 days of your application.

**Gas & Oil Association of WV c/o Charlie Burd
300 Summers St. Suite 820 Charleston, WV 25301**

***** OFFICE USE ONLY BELOW THIS LINE**



OFFICE STAFF INSTRUCTIONS:
Insert the plate numbers on the plate diagram to the left and submit this form to the WV DMV for recording and processing. Be sure to retain a copy for your records.





2024 Scholarship Application

Last Name _____ First Name _____ MI _____
 Mailing Address _____
 City _____ State _____ Zip Code _____
 Home Phone Number _____ Social Security Number _____
 Date of Birth _____ College/University Planning to Attend _____
 High School _____ High School Phone Number _____
 My Parent/Guardian works for a GO-WV Member Company
 Parent/Guardian Name _____ GO-WV Member Company _____
 I Work for a GO-WV Company (referral letter attached) Company Name: _____

Graduation Date _____ Awards Assembly Date & Time _____	If you filed a Free Application for Federal Student Aid (FAFSA), what is the amount of your Expected Family Contribution (EFC) as reported to you on the Student Aid Report (SAR)? \$_____.
---	---

SCHOLARSHIP ELIGIBILITY REQUIREMENTS:

1. Applicant must be a West Virginia high school senior.
2. Applicant must be a dependent of an employee/retiree of a GO-WV Company in good standing OR be employed by a GO-WV Member Company in good standing (**Student employee must have worked a minimum of 400 hours. Validation of hours worked and a letter of recommendation from the employer must be provided**).
3. Applicant must enroll in a four-year West Virginia college or university.
4. Applicant must compose a 300-500 word essay answering the question: *“Describe your community’s perception of the Oil and Gas Industry and explain how you would improve it.”*
5. Application must be signed by a high school counselor.
6. Mail the application with all activity and course forms (listed below), essay, transcript and ACT scores as instructed below. This must be **postmarked** on or before **Friday, March 15, 2024**.

ATTENTION STUDENT:

List your advanced placement and honors courses, organizations, volunteer and extra-curricular school activities with which you were affiliated during the four years of high school on the appropriate forms (Advanced Placement and Honors Courses, Extracurricular School Activities, Community Service and Non-School Activities - Including Employment). *Please deliver these forms along with your completed application and essay to your high school counselor.*

ATTENTION SCHOOL COUNSELOR:

Please sign this application and mail it along with the student’s essay, transcripts, ACT scores, and activity and course forms to the address **below postmarked on or before March 15, 2024**.

Student’s guidance counselor’s signature

PLEASE NOTE: ONE SIDED COPIES ONLY – NO STAPLES!

Gas and Oil Association of WV, Inc.
 Attention: Katie McCracken
 300 Summers Street, Suite 820, Charleston WV 25301





Advanced Placement and Honors Courses

Grade Level	Course





**GAS & OIL ASSOCIATION
OF WEST VIRGINIA**

Extracurricular School Activities

Grade Level	Activity	Estimated Hours per Year
TOTAL HOURS		





Community Service and Non-School Activities (Including Employment)

Grade Level	Activity	Estimated Hours per Year
TOTAL HOURS		





2024 Technical & Vocational Scholarship Application



Last Name _____ First Name _____ MI _____ Date of Birth _____

Mailing Address _____ SS Number _____

City _____ State _____ Zip Code _____ Home Phone _____

High School _____ High School Phone Number _____

My Parent/Guardian works for a GO-WV Member Company

Parent/Guardian Name _____ GO-WV Member Company _____

I Work for a GO-WV Member Company (referral letter attached) Company Name: _____

Graduation Date:	Awards Assembly Date & Time:
Chosen Vocation/Career:	Chosen School:

SCHOLARSHIP ELIGIBILITY REQUIREMENTS:

1. Applicant must be a West Virginia high school senior choosing a career path that benefits the oil and gas industry.
2. Applicant must be a dependent of an employee OR be employed by a GO-WV Member Company in good standing. (Student employee must have worked a minimum of 400 hours. Validation of hours worked and a letter of recommendation from the employer must be included with this application.)
3. Applicant must be enrolling in a West Virginia community college or vocational / technical trade school.
4. Applicant must complete both pages of this form.
5. Applicant must ensure that this application and all necessary documents are postmarked no later than **Friday, March 15, 2024.**

ATTENTION STUDENT:

After completing both pages of this form, deliver these documents to your high school counselor.

ATTENTION SCHOOL COUNSELOR:

1. Please write a letter stating why you, or the student's technical or vocational course instructor, recommend the student for this scholarship.
2. Mail the recommendation letter, all pages of this application, and the student's transcript of grades to the address below postmarked on or before **before March 15, 2024.**

Student's guidance counselor's signature

PLEASE NOTE: ONE SIDED COPIES ONLY – NO STAPLES!
Please feel free to add extra sheets if needed.

Gas and Oil Association of WV, Inc.
Attention: Katie McCracken
300 Summers Street, Suite 820, Charleston WV 25301



2024 Technical & Vocational Scholarship Application - Page Two

In 150 words or less, tell us why you have chosen this career path?

Please List Your Extracurricular and Community Service Activities

Grade Level	Activity	Estimated Hours Per Year





2024 GO-WV Master Sponsorship Form

Please select the meetings and levels you wish to sponsor.

Newsletter and directory advertising can be reserved separately.

Sponsorship opportunities:

Elite Sponsor \$20,000

- Banner hung at all events at meeting
- Specific signage at sponsored events
- Listing on Elite Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Diamond Sponsor \$10,000

- Banner hung at sponsored event
- Specific signage at sponsored event
- Listing on Diamond Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Platinum Sponsor \$5,500

- Listing on Platinum Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Gold Sponsor \$4,000

- Listing on Gold Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Silver Sponsor \$2,000

- Listing on Silver Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Bronze Sponsor \$1,000

- Listing on Bronze Sponsor board
- Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter

Golf Outing(s) Hole Sponsor \$1,000 each

- Foursome fee
- Signage at hole
- Logo listed in web site and newsletter

Company Name Contact Person

Address City State Zip

Telephone Email

Meeting	Level	Cost
Winter Meeting	_____	\$ _____
Spring Swing Golf Outing	_____	\$ _____
Science Teacher Workshop	_____	\$ _____
Summer Meeting	_____	\$ _____
Sports Weekend Golf Outing	_____	\$ _____
	Total	\$ _____

Please return this form to GO-WV, address below, by January 31, 2024. Be sure to email a high resolution (300-dpi minimum) version of your company's color logo and a link to your web site to lmillersmith@gowv.com.

Thank you for your continued support!





2024 GO-WV Newsletter Advertising Contract

Advertising is available to member companies and nonmembers of the Gas and Oil Association of WV, Inc. (GO-WV) in monthly issues of the association newsletter. Please see below for details regarding ad sizes and rates.

Membership Pricing:

		Frequency of Ad (Months)		
		1 - 4	5 - 8	9 - 12
Ad Sizes	Full page 2 columns (7" wide x 9.5" deep)	\$800.00/mo	\$750.00/mo	\$700.00/mo
	Half page (vertical) 1 column (4 5/8" wide x 9.5" deep)	\$525.00/mo	\$475.00/mo	\$425.00/mo
	Half page (horizontal) 2 columns (7" wide x 4.5" deep)	\$500.00/mo	\$450.00/mo	\$400.00/mo
	Quarter page 1 column (4 5/8" wide x 3" deep)	\$300.00/mo	\$250.00/mo	\$200.00/mo
	Business card 1 column (4 5/8" wide x 2" deep)	\$150.00/mo	\$125.00/mo	\$100.00/mo

Non-Membership Pricing:

		Frequency of Ad (Months)		
		1 - 4	5 - 8	9 - 12
Ad Sizes	Full page 2 columns (7" wide x 9.5" deep)	\$1,600.00/mo	\$1,500.00/mo	\$1,400.00/mo
	Half page (vertical) 1 column (4 5/8" wide x 9.5" deep)	\$1,050.00/mo	\$950.00/mo	\$850.00/mo
	Half page (horizontal) 2 columns (7" wide x 4.5" deep)	\$1,000.00/mo	\$900.00/mo	\$800.00/mo
	Quarter page 1 column (4 5/8" wide x 3" deep)	\$600.00/mo	\$500.00/mo	\$400.00/mo
	Business card 1 column (4 5/8" wide x 2" deep)	\$300.00/mo	\$250.00/mo	\$250.00/mo

GO-WV wants to assure that you get the best quality advertisement in the newsletter for your advertising dollar. To that end, we ask that you **submit your color ad electronically in a 300 dpi (dots per inch) resolution JPG or PDF** format. Ads saved as Word or Word Perfect documents or Excel spreadsheets will not give you a quality ad in the publication. If there are conversion issues with your file, our designer will contact you directly. Ads must be emailed directly to Diane Slaughter: dslaughter@gowv.com.

Ads can be run each month throughout the year or in any combination of months you choose. Please note there is a price break when you commit to a longer contract. Changes to your ad copy or cancellations can be made during the duration of the contract, but must be submitted 30 days prior to the next publication. (i.e, February 1st for the March issue). Please complete the information requested below and return this page, with payment, to **GO-WV Newsletter, GO-WV, 300 Summers Street Suite 820, Charleston, WV 25301**; email dslaughter@gowv.com. Ads must be paid in full by check or credit card prior to publication. Please call Diane Slaughter at (304) 984-0308 to discuss these options.





2024 GO-WV Winter Meeting Sponsorship Form

January 17-18, 2024 | Marriott Town Center, Charleston, WV

Sponsorship opportunities:

Company Name		Contact Person		
Address		City	State	Zip
Telephone		Email		

- | | |
|--|--|
| <p>_____ Elite Sponsor \$20,000</p> <ul style="list-style-type: none"> • Banner hung at <i>every</i> event • Specific signage at sponsored event • Listing on Elite Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter | <p>_____ Gold Sponsor \$4,000</p> <ul style="list-style-type: none"> • Listing on Gold Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter |
| <p>_____ Diamond Sponsor \$10,000</p> <ul style="list-style-type: none"> • Banner hung at sponsored event • Specific signage at sponsored event • Listing on Diamond Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter | <p>_____ Silver Sponsor \$2,000</p> <ul style="list-style-type: none"> • Listing on Silver Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter |
| <p>_____ Platinum Sponsor \$5,500</p> <ul style="list-style-type: none"> • Listing on Platinum Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter | <p>_____ Bronze Sponsor \$1,000</p> <ul style="list-style-type: none"> • Listing on Bronze Sponsor board • Logo and name listed in meeting PowerPoint presentation, meeting program, web site page and newsletter |

Please return this form to GO-WV, address below, by January 5, 2024. Be sure to email a high resolution (300-dpi minimum) version of your company's color logo and a link to your web site to lmillersmith@gowv.com. Thank you for your continued support!





2024 GO-WV Winter Meeting Registration Form

January 17-18, 2024 | Marriott Town Center, Charleston, WV

Company Name

Address

City

State

Zip

Telephone

Participant's Name

Member?

Yes

No

Email

Participant's Name

Member?

Yes

No

Email

Participant's Name

Member?

Yes

No

Email

Please list any special dietary needs:

Registration (fees cover all Winter Meeting activities **except the GOPac Reception**)

_____ Member early-bird rate of \$395/person for Wednesday and Thursday events (\$450 after 1/5/24)

_____ Non-member early-bird rate of \$595/person for Wednesday and Thursday events (\$650 after 1/5/24)

_____ Student/faculty registration fee of \$100/person for Wednesday and Thursday events (\$150 after 1/5/24)

_____ TOTAL AMOUNT DUE

Please mail registration with payment by January 5, 2024, to:
GO-WV, 300 Summers Street, Suite 820, Charleston, WV 25301.
NO REFUNDS AFTER JANUARY 5, 2024

For additional information, call Lori Miller Smith at (304) 344-9867.





300 Summers Street, Suite 820
Charleston, WV 25301
Phone (304) 344-9867 Fax (304) 344-5836

Meet your new
benefits partners.



Josh Zontek
Chief Strategy Officer
Blue Ridge Risk Partners
josh.zontek@blueridgeriskpartners.com
304.848.6475



Adam Rowh, CLU
Wealth Management Advisor/
Managing Director
Northwestern Mutual
adam.rowh@nm.com
304.624.5400



Kenny George
Employee Benefits Producer
Blue Ridge Risk Partners
kenneth.george@blueridgeriskpartners.com
304.848.6975

Move forward with confidence.

